Dear future Psychology student,

Psychology is the scientific study of the human mind and behaviour; therefore it is a very vast and complex field and there are lots of interesting areas to explore. In order to help prepare you for starting psychology A level in September, please complete the following short tasks below.

Task 1:
What is Psychology? Psychology is the scientific study of the mind and behaviour, according to the American Psychological Association. Psychology is a multifaceted discipline and includes many subfields of study such areas as human development, sports, health, clinical, social behavior and cognitive processes. Psychology is really a very new science, with most advances happening over the past 150 years or so. However, its origins can be traced back to ancient Greece, 400 – 500 years BC.

Watch the following clip and jot down 5 things that tell you what Psychology is:
https://www.youtube.com/watch?v=vo4pMVb0R6M

1.

2.

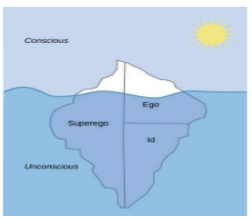
3.

4.

5.

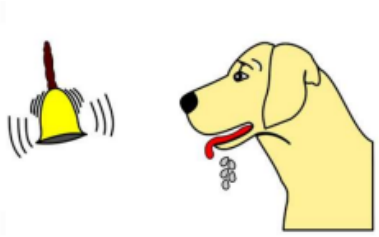
Task 2:
Psychological approaches There are some core approaches to Psychology that you need to know for your A level – they are different ways of explaining human behaviour. This task will provide you with an introduction to most of the main approaches. Research them and explain the key terms, assumptions and psychologists that fit into each one. You will also need to briefly outline a study/experiment that supports its ideas. The following site will help you: https://www.simplypsychology.org/perspective.html and https://resource.download.wjec.co.uk/vtc/2020-21/el20-21_25-5a/pdf/wjec/assumptions-and-relationships.pdf

Psychodynamic approach
Write down an brief overview of the approach;



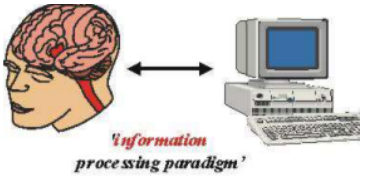
A supporting study for this approach;

Behaviourist approach
Write down an brief overview of the approach;



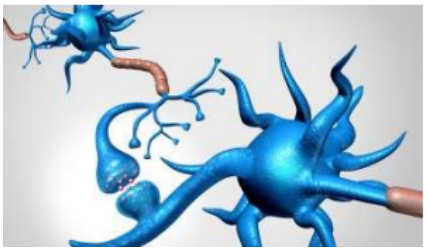
A supporting study for this approach;

Cognitive approach
Write down an brief overview of the approach;



A supporting study for this approach;

Biological approach
Write down an brief overview of the approach;



A supporting study for this approach;

Positive approach
Write down an brief overview of the approach;

A supporting study for this approach;

Overview of the course

This is a two-year course which ends with three two-hour papers each carrying an equal weighting towards your final A-level grade (A*-E).

Topics we will cover will include:

Year 12

Component 1; psychodynamic approach, behaviourist approach,cognitive approach, biological approach and positive approach

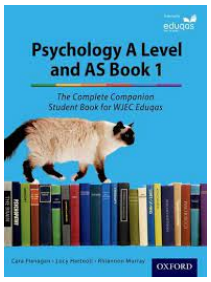
Component 2; research methods and personal investigations

Year 13

Component 3; schizophrenia, addiction and stress and controversies.

Look at the specification for more detail about these topics. You can find this at:

<u>Useful information:</u>



We teach the Eduqas psychology specification therefore we recommend that you buy a copy of the year 1 textbook to support your learning during the first year. ISBN: **978-0198356103**